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EDITORIAL Traditional Values

LABOUR UNIONS

Healthcare Workers to Receive New Social Benefits

Starting this February, employees of primary healthcare facilities, district and community hospitals, and ambulance stations will receive targeted transfers approved by the Russian Government this January. The Union will make it a priority to monitor these new transfers for fairness.

CONTINUING TRAINING

Medical and Psychological Assistance to Victims of Emergencies

On December 26-27, the St. Petersburg Center for Postgraduate Education of the Russian FMBA will host a two-day seminar on current approaches to the rehabilitation of combatants.

INFECTION CONTROL AND SAFETY

Epidemiology and HAI Prevention: Current Challenges and Solutions

The 10th Anniversary Congress on HAI Control and Prevention was held in Moscow on November 24-25. The Congress discussed approaches to better epidemiological surveillance, methods of protecting staff from blood-borne infections, drug resistance challenges, and other issues.

Diagnosis and Treatment of Viral Hepatitis: Methods Available Today

Viral hepatitis is a serious disease that requires long-term treatment and can be fatal if left untreated. An online seminar hosted by Rosпотребнадзор's Central Research Institute of Epidemiology discussed the role of effective diagnostic, prevention and treatment programs in reducing the incidence and negative outcomes of viral hepatitis.

NEWS FROM HEALTH WORKER ORGANIZATIONS UNION

This column is about the work of Russia's largest professional association of nurses. Established in 2015, the Union of Health Worker Organizations brings together 170,000 healthcare practitioners from 35 professional associations.

Invaluable Experience: How Volunteers Make a Difference

On the eve of the International Volunteer Day celebrated every year on December 5, Vladimir Yakushev, Presidential Representative in the Ural Federal District, and Oleg Chemezov, Vice-Governor of the Sverdlovsk Region, visited the House of Volunteers of the Sverdlovsk Region.

Profilum: Expanding Horizons

Students and faculty of Tobolsk Medical College visited ZapSibNeftekhim, Russia's largest petrochemical enterprise, to learn about the company's workplace health protection and promotion system.

Contest for Chief and Senior Nurses Held in Novosibirsk

Novosibirsk hosted the finals of the regional Best Leader 2022 Award for chief and senior nurses.

Standardization of Nursing: A Way to Success

Samara hosted an online conference on standardization of nursing practice as a major factor in healthcare quality and safety.

How to Improve Healthcare Quality and Safety

An inter-regional conference «Areas of Optimization for Healthcare Quality and Safety» held in Nizhny Novgorod discussed mentoring systems, instrument sterilization and disinfection practices, approaches to establishing standard operating procedures, and other matters.

Best Feldschers in Buryatia

On the New Year eve, the Republic of Buryatia held a ceremony to honor the best workers of Feldscher-Midwife stations — winners of a republic-wide competition.

RUSSIAN REGIONS

Participants Share Impressions from Roentgenologists and Radiologists Congress in Moscow

Radiology technicians from healthcare facilities in Transbaikalia share their impressions from attending the Congress of the Russian Society of Roentgenologists and Radiologists. Their attendance was made possible by ProfMedSpets, the Transbaikalian Association of Health Professionals.

Bashkortostan Raises Awareness on World COPD Day

On the eve of World COPD Day, nurses at City Hospital No. 1 in Oktyabrsky, Republic of Bashkortostan, traditionally conduct awareness-raising events such as patient surveys and public talks about the dangers of smoking, and hand out educational leaflets.

Role of Senior Nurse in Quality Control of Child Health Assessment

An account of nurses' role in child health assessment and disease prevention at the Pediatric Medical Center in Chita.

SHARING EXPERIENCE

Regular Health Checkups in Primary Healthcare

A conference held in late November in Ufa discussed the health status of children and adults in Bashkortostan, guidelines for monitoring children with congenital heart defects and adult patients with cardiovascular and kidney conditions, and the challenges of making disease prevention available in rural areas.

PROFESSIONAL TRAINING

From Midwifery School to State-of-the-art Workshops: Borisoglebsky Medical College Celebrates 90th Anniversary

An overview of the history, development, and current innovative practices of one of the oldest educational institutions in Voronezh region.

SESTRICHKA

Read on to learn what habits and attitudes can contribute to longevity, how to provide the best care for your face at home, why saying «no» can be difficult and how to do right, and what muscles we often neglect in trying to become fit and strong.

PRACTICUM FOR NURSES

COLOSTOMY: Advantages and Disadvantages, Rehabilitation and Lifestyle Guidance

This article discusses indications for colostomy, types of colostomies and possible complications, and provides guidance for colostomy care and patient rehabilitation.

MANAGERIAL SOLUTIONS

Nurse-manager's Image as Competitive Advantage

Our columnist Igor SPIVAK, professional communication experts, provides guidance on creating a positive image of a chief nurse, including the underlying principles and hands-on advice on business attire and makeup, written and oral communication, and behavior in digital space.

USEFUL KNOWLEDGE FOR NURSES

«Pheromones» of Old Age

Scents play an important role in human life. A pleasant aroma can attract another person and cause them to like you, while an offensive smell can alienate people and trigger negative associations. Body odor naturally changes with age. This article explains what causes the change and what to do about it.

HAI PREVENTION

Preventing Occupational Diseases Caused by Biological Factors

Healthcare workers are exposed to numerous infections while at work, such as TB, acute respiratory infections, and blood-borne viruses such as hepatitis B and C and HIV. This article provides guidance on monitoring compliance with epidemic and infection control measures, making protective workwear and other Personal Protective Equipment available to employees, safe handling of tools and medical waste management, and more.